



# Highlands of Maryland

**8:30-10:00 AM Springs Amish Farmers Market, Springs PA,** held on the campus of the historic Springs Museum and festival grounds. Featuring over 100 vendors, including farmers, producers & artisans. Offering fresh picked fruits & berries, honey, jams, freshly baked doughnuts & baked goods, homemade natural soaps, maple syrup, flowers – perennials, annuals and house plants. PLUS, all the in-demand seasonal produce you can think of. Enjoy browsing among antiques & flea market items. You will find artisans displaying crafted artworks, paintings and handmade jewelry. Grab a tasty breakfast at the lunch counter and then stop by the museum on your way out. Stash your purchases in the luggage compartment of the bus and keep temperature sensitive produce in the seated areas to stay cool. Bring a cooler, and a box or two to stash your purchases on the bus!!



**11:00 – 1:00 PM** We arrive around 10:30 to retrieve tickets and lunches, then board for an 11:30 AM departure on a one-way train ride on the **Western Maryland Scenic Railroad**. The Frostburg Flyer, a classic diesel (steam engine on Saturdays!!), departs from Cumberland, Maryland, carrying you through the breathtaking Allegheny Mountains and Cumberland Narrows to Frostburg, Maryland. Along the way, you'll cross scenic creeks and streams, traverse multiple bridges, and pass through the historic 916-foot Brush Tunnel. Our bus catches up with us in Frostburg to continue on our journey. **LUNCH (provided by Liberty Street General Store & Restaurant)** to eat on the train trip: Your tour guide will have a boxed lunch labeled just for you to pick up before boarding which includes a Kaiser sandwich, side-snack, sweet, and bottled beverage. **Make your selections below.**

**SANDWICH (ordered well in advance)** Each sandwich is individually prepared and labeled with the recipient's name. **Choose from:** Roast beef, Turkey, Smoked Virginia Ham.

- **One slice of cheese choose one:** Colby Jack, Swiss, or American

- **Toppings Customized for you:** Mustard, Mayonnaise, Spicy Mustard, Lettuce, Tomato, Onions, Sweet Peppers, Dill Pickles, and Sweet Pickles

**SNACK SIDE select one:** energy bar, potato chips, Doritos, Cheetos

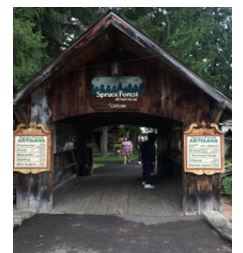
**SWEETS:** Oreo, Nutty Butters, Animal cookies, Little Debbie Oatmeal Cream Pies, and Rice Krispies treat

**BEVERAGES include:** Coke, Diet Coke, Orange Powerade, Pepsi, Diet Pepsi, Mountain Dew, Aquafina water, and subject to availability Western Maryland lemonade flavors, locally produced in Cumberland.

**1:30-2:00 PM Candyland** we stop for a fun candy shopping spree on your own. This is our favorite candy place and they have tons of old-fashioned candies. This stop is sure to please your sweet tooth.

## **2:00–3:25 PM Spruce Forest Artisan Village**

A venue not only where gifted artists showcase and sell their creations, but also where visitors have the chance to interact with artisans inside their studios. The Village's larger mission is to preserve the heritage of the region. Through a storytelling program in the Miller House Peace Center, our visitors experience the words and wisdom of the settlers who came here almost 200 years ago. This is a wonderful opportunity to purchase one-of-a-kind art and gifts. Bring cash or check book in case an artist doesn't take credit cards.



**3:30-4:00 PM Casselman's Creamery** Enjoy an ice cream cone afternoon snack at this wonderful creamery compliments of Myers Coach Lines. A great way to end this fun-filled day in the Maryland Highlands. **They close at 4:00.**